



**Dr. Tsang Fan Kwong**  
**MBBS(HK) MRCPsych(UK) FHKCPsych FHKAM(Psychiatry)**  
**Specialist in Psychiatry in private practice**

After working in public mental health services for 25 years, he set up his own private clinic in October 2010. Professional interests include psychotherapy and sex therapy, treatment of pathological gamblers, suicide and attempted suicide, research in newer generation of antipsychotic medications, media and psychiatry, mental health education, mental health policy, etc. He was Principal Investigator for more than 10 clinical trials during his time in Castle Peak Hospital.

In the past 20 years, he has been very active in public mental health education. He wrote on mental health topics in various newspaper and he collaborate with various NGO and schools to promote mental health. He was former Chairman of Institute of Mental Health, Castle Peak Hospital before he left the public mental health services. Under his leadership, the Institute managed to run various mental health training courses for doctors, health care professionals, teachers and the public. His brief talks on mental health were easily found on the web.

In collaboration with the New Life Psychiatric Rehabilitation Association, he began to take part in talk show to promote mental health since 2009. There were 10 shows conducted. In October 2012, Dr. Tsang, in collaboration with the New Life Psychiatric Rehabilitation Association, will participate in an innovative public mental education project.

Dr. Tsang is a popular guest in various TV and radio programs. He talks about mental health, stress management, adolescent life management skills, positive parenting, positive living and wellness, painting and reading, creativity, etc.

Dr. Tsang started his career in parent education 20 years ago when his daughter was born. He talked to more than 100 parents-teachers associations in various parenting topics. His talks were well accepted and known to be very humorous.

As a public speaker and corporate trainer, Dr. Tsang speaks to various organizations, include government and non-government institutes, universities, secondary schools, and private corporations on stress management, burnout, mental health and productivity, positive thinking, resilience, mental health and productivity, pathological gambling, sex and love education, media and mental illness, depressive and anxiety disorders, mental health and art, etc.

Positive parenting, 18 steps to resilience and 11 small steps to wellness became the most popular topics in recent few years.

In the past 15 years, more than 50,000 persons from different organizations attended Dr. Tsang's training.

Dr. Tsang became a freelance text artist since 2013. Currently, he is a popular columnist in various local newspapers. 34 books in Chinese were published.

Dr. Tsang began his life in visual art in 1994. He follows Mr. Gaylord Chan for abstract painting. He takes part in the Artmatch Annual Exhibition since 1996 and the Asian International Exhibition 1997-2005. His work has been exhibited in Macao, Malaysia, Japan, Taiwan, Korea and China. He was invited to exhibit in solo at Hong Kong Institute of Education in November 2010. He managed to get into the finalist of the Philippe Charriol Foundation Modern Art Competition (Painting group 1998 and Sculpture group 1999). He is member of the Hong Kong Visual Arts Society(VAS) since 2008 and Chairman of the Society since 2010.

For more information, please refer to google search, you will find various video and articles by Dr. Tsang.